

2024/25

PRIMARY SCHOOL PROGRAMMES



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COASTEERING

Year Level: Best suited for Year 5-8 students
 Delivery Location: Kaiteretere, Stephens Bay
 Timings: Start time: 10am | Finish time: 2pm or by negotiation
 Equipment: All safety and technical equipment provided

Key Components: **Adventure**

Course Aim:

To provide students with a practical and safe introduction to coasteering. Students will explore the rocky sea shore and learn how to move safely along the coastline, across the rocks on foot or by swimming.

Please note the level of coasteering difficulty can be adjusted to suit the age or confidence of the group.

Learning Objectives:

During this course, students will have the opportunity to:

- Gain an awareness of the rocky sea shore and inter-tidal zone
- Gain an awareness of the formation of waves
- Be aware of the impact of tides on personal safety
- Demonstrate techniques for entering and exiting the sea safely
- Identify at least one type of marine organism
- Learn how to wear a buoyancy aid and helmet correctly
- Be aware of the environmental care code and water care code

Please select additional learning objectives from the list below or request objectives that align with current class work.

- Demonstrate a shallow dive
- Explore and discuss the ecology of the coastline
- Discover history of the local area and find out more about the place name- Kaiteretere



“My course highlights were Coasteering and beach skills because it was fun and challenging

- Year 6 Student

Book Now: www.wio.org.nz

Related Course: Takutai — Coast

NZ Curriculum Links:

Health and Physical Education (Level 3-4):

Personal Health & Physical Development: A1, A3, A4

Relationships with Other People: B1, B2, B3, B4

Movement Concepts & Motor Skills: C1, C2, C3

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others | Participating and Contributing

ADVENTURE BASED LEARNING (ABL)

Year Level:	Best suited for Year 1-5 students
Delivery Location:	Whenua Iti Outdoors (WIO) or any location by negotiation
Timings:	Start time: 10am Finish time: 2pm or by negotiation
Equipment:	All safety and technical equipment provided
Key Components:	Adventure

Course Aim:

To provide students with an opportunity to practice personal and group working skills in a challenging adventure based setting.

Learning Objectives:

During this course, students will have the opportunity to:

- Attempt challenging ABL activities
- Support others to challenge themselves
- Participate in activities where co-operation will lead to success
- Identify and use appropriate communication and behaviour during group challenges
- Identify their own personal strengths in a group
- Keep others safe during challenges
- Demonstrate behaviour that increases trust and co-operation in a group

Please select additional learning objectives from the list below or request objectives that align with current class work.

- Plan with the group to improve performance and group trust
- Suggest ideas for improving trust, co-operation and communication in the group
- Use spotting skills to keep others safe
- Identify the benefits and disadvantages of competition



“Balance of programme delivery between warmth of relationships with students and delivering programme safely

- Year 8 Teacher

Book Now: www.wio.org.nz

NZ Curriculum Links:

Health and Physical Education (Level 3-4):

Personal Health & Physical Development: A1, A3, A4

Relationships with Other People: B1, B2, B3, B4

Movement Concepts & Motor Skills: C1, C2, C3

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others | Participating and Contributing

HIGH ROPES AND TRAPEZE

Year Level:	Best suited for Year 5 students and up
Delivery Location:	Whenua Iti Outdoors (WIO)
Timings:	Start time: 10am Finish time: 2pm or by negotiation
Equipment:	All safety and technical equipment provided
Key Components:	Adventure



Course Aim:

To provide students with an opportunity to practice personal and group working skills in a challenging adventure based setting, using the high ropes and trapeze.

Learning Objectives:

During this course, students will have the opportunity to:

- Attempt challenging activities on the high ropes course
- Identify hazards when using high elements
- Participate in activities where co-operation will lead to success
- Support others to take risks
- Identify and use appropriate communication and behaviour during challenging activities
- Keep others safe on high ropes and climbing activities
- Identify and use behaviour that is desirable in a supportive group
- Use safety equipment appropriately {helmet, harness, belay device* and rope}

Please select additional learning objectives from the list below or request objectives that align with current class work.

- Know their own personal strengths in a group
- Identify peer pressure and know when it is harmful to others
- Use belaying skills to keep others safe*
- Learn basic climbing skills
- Suggest ideas for improving trust, co-operation and communication in the group

* Use of belay device and belaying is for students in Year 7 and above only.



“The ropes really helped with my balance, by the time I got to the last rope I could nearly stand up by myself. Although I am afraid of heights you encouraged me to at least try the high ropes and I got up further than I expected. It was a good team building activity.

- Year 7 Student

Book Now: www.wio.org.nz

NZ Curriculum Links:

Health and Physical Education (Level 3-4):

Personal Health & Physical Development: A1, A3, A4

Relationships with Other People: B1, B2, B3, B4

Movement Concepts & Motor Skills: C1, C2, C3

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others | Participating and Contributing

CLIMBING AND ABSEILING

Year Level:	Best suited for Year 7-8
Delivery Location:	Whenua Iti Outdoors (WIO)
Timings:	Start time: 10am Finish time: 2pm or by negotiation
Equipment:	All safety and technical equipment provided
Key Components:	Adventure



Course Aim:

To provide students with an opportunity to practice personal and group working skills in a challenging adventure based setting, using climbing and abseiling.

Learning Objectives:

During this course, students will have the opportunity to:

- Correctly use climbing harnesses, helmets, belay devices* and ropes
- Use climbing and abseiling skills in a natural setting or on the WIO tower
- Use belaying* and spotting skills to keep others safe while climbing
- Support others to overcome challenges
- Identify hazards in a rock climbing setting
- Identify and use appropriate communication and behaviour during challenging activities
- Recognise peer pressure and know when it is harmful to others
- Identify and use behaviour that is desirable in a supportive group.

Please select additional learning objectives from the list below or request objectives that align with current class work.

- Participate in activities where co-operation will lead to success
- Recognise their own personal strengths in a group
- Identify ways to keep others safe on climbing activities
- Know how to apply the "Leave No Trace" principles in respect to rock based activities.

* For climbing use of belay device and belaying is for students in Year 7 and above only.



"If you had to rate an amazing place like Whenua Iti I would definitely give it 10/10 because it is just so cool with the high ropes and the low rope, the abseil tower and with you challenging us.

- Year 6 Student

Book Now: www.wio.org.nz

NZ Curriculum Links:

Health and Physical Education (Level 3-4):

Personal Health & Physical Development: A1, A3, A4

Relationships with Other People: B1, B2, B3, B4

Movement Concepts & Motor Skills: C1, C2, C3

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others | Participating and Contributing

BEACH SKILLS

Year Level: Best suited for Year 5-8 students
Delivery Location: Kaiteretera
Timings: Start time: 10am | Finish time: 2pm or by negotiation
Equipment: All safety and technical equipment provided
Support Resources: Resources available on www.surflifesaving.org.nz and www.watersafety.org.nz

Key Components: Adventure

Course Aim:

To provide students with a practical and fun beach experience whilst identifying beach hazards and safe practices. Course aligns with Water Safety NZ and Surf Life Saving NZ curriculum.

Learning Objectives:

During this course, students will have the opportunity to:

- Recognise swell, rips, tidal currents and surf (dependent on conditions)
- Swim in clothing
- Swim a short distance
- Participate in a group activity- e.g. paddle relay
- Wear a buoyancy aid correctly
- Manoeuvre a sit-on-kayak using basic strokes
- Get back onto a boat with assistance in water
- Support others while being rescued
- Acknowledge the environmental care code/water care code

Please select additional learning objectives from the list below or request objectives that align with current class work.

- Recognise hazards such as other craft and other water users
- Demonstrate survival 'help and huddle' position in deep water
- Tie an effective knot (for rafting activity)
- Be aware of equipment and clothing needed to kayak in the ocean
- Know the limitations of kayaking and swimming in cold water
- Know the limitations of kayaks in rough weather (dependant on conditions)

NZ Curriculum Links:

Health and Physical Education (Level 3-4):

Personal Health & Physical Development: A1, A3, A4

Relationships with Other People: B1, B2, B3, B4

Movement Concepts & Motor Skills: C1, C2, C3

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others | Participating and Contributing



“Thank you for helping us be independent, resilient and confident on different obstacles it was challenging but I did it and felt so impressed.

- Year 5 Student

Book Now: www.wio.org.nz

Related Course: Takutai — Coast

MOA – MINI OUTDOOR ADVENTURE

Year Level: Year 1-4 students
 Delivery Location: Whenua Iti Outdoors (WIO)
 Timings: Start time: 9:30am | Finish time: 2pm
 Equipment: All safety and technical equipment provided

Key Components: **Adventure**

Course Aim:

Make the outdoors your classroom for the day! Tamariki will take part in a range of fun activities that utilise the key elements of experiential learning to get the most out of every individual. The programme begins with some fun

Programme Overview:

Make the outdoors your classroom for the day! Tamariki will take part in a range of fun activities that utilise the key elements of experiential learning to get the most out of every individual.

The programme begins with some fun Adventure Based Learning (ABL) games to encourage a positive team culture. Through another set of games students will be introduced to basic navigation elements, ways to develop their resilience, confidence and problem-solving skills. Depending on student age the day will finish with a reflection exercise or story and tea-time in the forest.

Learning Objectives:

During this course, students will have the opportunity to:

- Develop resilience skills (coping with challenge and change)
- Develop belief in self and increasing confidence
- Demonstrate willingness to learn new skills while taking part in a variety of outdoor activities
- Show whanaungatanga through participating and contributing in a team and identifying the characteristics of a good team member



“My 6 yr old came back from his day at Whenua Iti full of excitement. Normally it’s hard to get out of him what happened in class for the day, but not in this case! He could tell me about all the different activities they did and what they had to do. He loved it.

- Parent

Book Now: www.wio.org.nz

NZ Curriculum Links:

Health and Physical Education (Level 3-4):

Personal Health & Physical Development: A1, A3, A4

Relationships with Other People: B1, B2, B3, B4

Movement Concepts & Motor Skills: C1, C2, C3

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others | Participating and Contributing

MEA – MINI ENVIRONMENTAL ADVENTURE

Year Level: Year 1-4 students
 Delivery Location: Whenua Iti Outdoors (WIO)
 Timings: Start time: 9:30am | Finish time: 2pm
 Equipment: All safety and technical equipment provided

Key Components: **Environment** **Nature Connection**



Course Aim:

Designed for younger adventurers, the Mini Environmental Adventure Programme will extend student's experiences of the natural world through exploration, play, asking questions and discussions.

Programme Overview:

Students will go on a journey of discovery, fostering a connection to nature through a series of fun activities and games. The programme begins with team building activities to strengthen and encourage a positive group culture. This will be followed by activities that allow students to explore the concept of kaitiakitanga and the relationship that humans have with the natural world. Students will leave with a deeper connection to the natural world and skills that they can practice in school or at home. The day will finish with a reflection session.

Learning Objectives:

During this course, students will have the opportunity to:

- Recognise that living things are suited to their particular habitat
- Explore and ask questions to increase understanding of the natural world including kaitiakitanga of New Zealand's unique flora and fauna
- Increase willingness to learn
- Develop a positive attitude



“My 6 yr old came back from his day at Whenua Iti full of excitement. Normally it's hard to get out of him what happened in class for the day, but not in this case! He could tell me about all the different activities they did and what they had to do. He loved it.

- Parent

Book Now: www.wio.org.nz

NZ Curriculum Links:

Health and Physical Education (Level 3-4):

Personal Health & Physical Development: A1, A3, A4

Relationships with Other People: B1, B2, B3, B4

Movement Concepts & Motor Skills: C1, C2, C3

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others | Participating and Contributing

TAKUTAI - COAST EXPLORATION

Year Level: Year 5-8 students
 Delivery Location: Selected coastal environment
 Timings: Start time: 9:30am | Finish time: 2pm or by negotiation
 Equipment: All safety and technical equipment provided

Key Components: **Nature Connection** **Environment**
Health & Wellbeing

Course Aim:

This programme aims to connect students to nature by establishing or enhancing a meaningful connection to a coastal environment local to the school.

Learning Objectives:

Students will experience and learn about a coastal environment by exploring tide cycles and marine life, getting creative and taking part in engaging nature-based beach games.

During this course, students will have the opportunity to:

- Observing and growing an increasing understanding of the natural world
- Developing a greater connection to self, to local places, to plants and animals, the community and each other
- Enhancing a sense of curiosity, wonder and awe of the natural world and local history
- Establishing a heightened sense of agency for becoming kaitiaki (guardians) of local environments
- Observing and growing an understanding of respectful ways to engage and care for nature
- Enhancing hauora (holistic wellbeing), improving focus, confidence and self-motivation
- *Exploring the natural world from an indigenous cultural perspective, focusing on Te Ao Māori

** Integration of learning outcome dependent on kaiako availability*



Great activities, lots of variety, combination of whole group and then rotation worked well.

- Teacher

Book Now: www.wio.org.nz

Related Course: Beach Skills

NZ Curriculum Links:

- Support your local and history curriculum to come alive
- Real life application of science and social science curriculum
- Experiential application of health and physical education curriculum
- Building core competencies, especially managing-self, participating and contributing and relating to others.

WHENUA DAY- LAND EXPLORATION

Year Level: Year 5-8 students
 Delivery Location: Whenua Iti Outdoors
 Timings: Start time: 9:30am | Finish time: 2pm or by negotiation
 Equipment: All safety and technical equipment provided

Key Components: **Nature Connection** **Environment**
Health & Wellbeing

Course Aim:

The Whenua Day, based on site at Whenua Iti Outdoors, is a great way for students to connect more intentionally with the environment around them through play, nature connection activities and adventure-based learning games.

Students will explore the site with a mix of activities that may include our nature trail, rienteering, pūrakau, plant identification and interaction- all with the intent of extending their understanding and appreciation of the natural world.

This programme is a natural pathway from the mini adventurers programmes.

Learning Objectives:

Students will learn ways to meaningfully connect with and appreciate Papatūānuku (mother earth) through play, observation and exploration.

During this course, students will have the opportunity to:

- Observe and grow an increasing understanding of the natural world
- Develop a greater connection to self, to local places, to plants and animals, the community and each other
- Enhance a sense of curiosity, wonder and awe of the natural world and local history
- Establish a heightened sense of agency for becoming kaitiaki (guardians) of local environments
- Observe and grow an understanding of respectful ways to engage and care for nature
- Enhance hauora (holistic wellbeing), improving focus, confidence and self-motivation
- *Connect with the natural world from an indigenous cultural perspective, with the use of te reo Māori, nature-focused karakia and kaitiakitanga concepts.

** Integration of learning outcome dependent on kaiako availability*



Age appropriate, engaging, games, hugely positive interactions with tamariki, good structure and organisation.

- Teacher

Book Now: www.wio.org.nz

NZ Curriculum Links:

- Support your local and history curriculum to come alive
- Real life application of science and social science curriculum
- Experiential application of health and physical education curriculum
- Building core competencies, especially managing-self, participating and contributing and relating to others.

AWA - RIVER EXPLORATION

Year Level: Year 5-8 students
 Delivery Location: Selected river environments
 Timings: Start time: 9:30am | Finish time: 2pm or by negotiation
 Equipment: All safety and technical equipment provided

Key Components: **Nature Connection** **Environment**
Health & Wellbeing

Course Aim:

This programme aims to connect students to nature by establishing or enhancing a meaningful connection to a river environment local to the school.

Learning Objectives:

Through a variety of experiential learning activities focusing on hauora (holistic wellbeing) students will learn how to be restored by and restore nature.

During this course, students will have the opportunity to:

- Observing and growing an increasing understanding of the natural world
- Developing a greater connection to self, to local places, to plants and animals, the community and each other
- Enhancing a sense of curiosity, wonder and awe of the natural world and local history
- Establishing a heightened sense of agency for becoming kaitiaki (guardians) of local environments
- Observing and growing an understanding of respectful ways to engage and care for nature
- Enhancing hauora (holistic wellbeing), improving focus, confidence and self-motivation
- *Exploring the natural world from an indigenous cultural perspective, focusing on Te Ao Māori

** Integration of learning outcome dependent on kaiako availability*



**The trip was really fun.
 Learning about the river made me think a lot about how creatures live and what's good and bad for the river, plants and creatures!**

- Student

Book Now: www.wio.org.nz

NZ Curriculum Links:

- Support your local and history curriculum to come alive
- Real life application of science and social science curriculum
- Experiential application of health and physical education curriculum
- Building core competencies, especially managing-self, participating and contributing and relating to others.

NGĀHERE - BUSH EXPLORATION

Year Level: Year 5-8 students
 Delivery Location: Selected Bush Environments
 Timings: Start time: 9:30am | Finish time: 2pm or by negotiation
 Equipment: All safety and technical equipment provided

Key Components: **Nature Connection** **Environment**
Health & Wellbeing

Course Aim:

The programme aims to explore connection to the forest ecosystem through bush craft, guided play and experiential learning activities.

Learning Objectives:

Students will discover the plentiful resources that the ngāhere (bush) can provide us (manaakitanga) and how to help the forest.

During this course, students will have the opportunity to:

- Observing and growing an increasing understanding of the natural world
- Developing a greater connection to self, to local places, to plants and animals, the community and each other
- Enhancing a sense of curiosity, wonder and awe of the natural world and local history
- Establishing a heightened sense of agency for becoming kaitiaki (guardians) of local environments
- Observing and growing an understanding of respectful ways to engage and care for nature
- Enhancing hauora (holistic wellbeing), improving focus, confidence and self-motivation
- *Exploring the natural world from an indigenous cultural perspective, focusing on Te Ao Māori



The Māori story was cool, interesting and intriguing. Overall it was nice to connect with nature and learn more about Māori history.

- Student

Book Now: www.wio.org.nz

NZ Curriculum Links:

- Support your local and history curriculum to come alive
- Real life application of science and social science curriculum
- Experiential application of health and physical education curriculum
- Building core competencies, especially managing-self, participating and contributing and relating to others.

RĀ ORA (WELLBEING DAY)

Year Level: Year 4-8 students
 Delivery Location: Whenua Iti Outdoors or negotiated location
 Timings: Start time: 9:30am | Finish time: 2:20pm or by negotiation
 Equipment: All safety and technical equipment provided

Key Components: **Nature Connection** **Environment**
Health & Wellbeing **Cultural**

Course Aim:

The Rā Ora (Wellbeing Day) Programme has been created to provide tamariki a fun day of active recreation and outside play, encouraging positive health & wellbeing.

Programme Overview:

Tamariki will experience the best of Whenua Iti – a mix of cultural, environmental and adventure-based learning games that will provide fun challenges for them to practice teamwork and build their confidence while being active outdoors. Let the warmth of Te Rā shine in! The activities will be facilitated by our experienced instructors to provide teachers an opportunity to work alongside the class and nurture positive class relationships.

Learning Objectives:

During this course, students will have the opportunity to:

- Observing and growing an increasing understanding of the natural world
- Developing a greater connection to self, to local places, to plants and animals, the community and each other
- Observing and growing an understanding of respectful ways to engage and care for nature
- Enhancing hauora (holistic wellbeing), improving focus, confidence and self-motivation
- *Exploring the natural world from an indigenous cultural perspective, focusing on Te Ao Māori

** Integration of learning outcome dependent on kaiako availability*



The benefits to the students are huge, learning, sharing, participating and working together in nature – (the programme) provides an experience that we cannot replicate at school. For some students this will be a special and unique experience. We would love to promote more of that.

- Teacher

Book Now: www.wio.org.nz

NZ Curriculum Links:

- Your health and physical education curriculum
- Building core competencies such as managing self, relating to others, and participating and contributing

HAKA AND MAU RĀKAU SKILLS

Year Level:	Best suited for Year 4-8 students
Delivery Location:	Whenua Iti Outdoors (WIO) or any location by negotiation
Timings:	Start time: 10am Finish time: 2pm or by negotiation
Equipment:	All safety and technical equipment provided
Key Components:	Cultural



Course Aim:

To provide students with an introduction to haka and an opportunity to develop basic Haka and Mau Rākau skills.

Learning Objectives:

During this course, students will have the opportunity to:

- Demonstrate basic haka skills
- Demonstrate an understanding of the meaning, purpose and history of the Ka Mate haka
- Follow the Tikanga surrounding Mau Rākau
- Use a taiha to perform basic Mau Rākau moves
- Participate in the sport, games, and training exercises of the Maori warrior

Please select additional learning objectives from the list below or request objectives that align with current class work.

- Demonstrate an understanding that traditional Maori society was based partly on warfare and weaponry.
- Demonstrate an understanding that weapons were more than implements of battle to Maori. They were taonga, precious heirlooms much beloved by their owners and often handed down from generation to generation.

I appreciate you teaching us the Haka and telling us the whole story behind it, and I also learnt how to move the taiaha and work with everyone else as a team.

- Year 6 Student

It was an amazing experience for us all you challenged the way I think about the haka and taiaha. I'm very proud of my culture and my beliefs.

- Year 7 Student

Book Now: www.wio.org.nz

NZ Curriculum Links:

Health and Physical Education (Level 3-4):

Personal Health & Physical Development: A1, A3, A4 Relationships with Other People: C1, C2 Personal Health and Physical Development (A1,A2,A4), Relationships with Other People (C1,C2), Movement Concepts and Motor Skills (B1,B2,B4), Healthy Communities and Environments (D1,D3)

Social Sciences (Level 1-4):

Roles and Responsibilities in Groups, understand how the past is important to people

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others

TUIA-AOTEAROA OUR HERITAGE, OUR FUTURE

Year Level: Years 1-6, 7-8
 Delivery Location: Kaiteretere, Marahau Beach, WIO
 Timings: Start time: 10am | Finish time: 2pm or by negotiation
 Support Resources: www.tuia250.nz Tuia Curiosity Cards available from: natlib.govt.nz/schools - use key search words Tuia Matauranga

Key Components: **Cultural**



Course Aim:

To provide students with access to balanced historical narratives regarding Aotearoa's dual heritage and to nurture understanding of how to build and maintain strong relationships for our shared future.

Learning Objectives:

During this course, students will have the opportunity to:

- Gain knowledge of the feats of Pacific Voyagers who settled Aotearoa
- Access and appreciate regional stories
- Explore balanced insights into the legacy of James Cook 250 years ago
- Share in arrival stories of all who call Aotearoa home
- Gain insight into early encounters and impact of colonisation on Tangata Whenua
- Explore Māturanga Māori (Māori ways of knowing)
- Gain an appreciation of respect and diversity of different perspectives
- Consider ways of nurturing respectful and strong relationships which honour all people of Aotearoa

Tuia — Encounters 250

In 2019, Aotearoa New Zealand will acknowledge 250 years since the first onshore meetings between Māori and Europeans. Tuia—Encounters 250 is the national commemoration that recognises this milestone in our history.

This is a time to share, debate and reflect- to enable a more balanced telling of our stories, so that we speak openly and respectfully about our history. Tuia 250 is an opportunity to hold some honest conversations about Māori and European settlement of New Zealand to guide us as we go forward together.

This course is offered by Whenua Iti Outdoors as part of the Tuia 250 programme.

For more information and resources go to: www.tuia250.nz

Book Now: www.wio.org.nz

NZ Curriculum Links:

Social Studies (Level 1-4):

- Understand how places in New Zealand are significant for individuals and groups (L1)
- Understand how the status of Maori as Tangata Whenua is significant for communities in NZ (L2)
- Understand how early Polynesian and British migrations to New Zealand have continuing significance for Tangata Whenua communities {L3}

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others | Participating and Contributing



SPECIALTY PROGRAMMES

ENVIRONMENTAL ACTION CAMP

Year Level: Year 8-10 students
 Delivery Location: Whenua Iti Outdoors and Local Environments
 Timings: 4 days / 3 overnights
 Numbers: 24 students per group

Key Components:

Environment

Cultural

Course Aim:

The aim of this course is to increase students knowledge and connection to the natural world, through knowledge streams of both matauranga Māori and Western understanding. Students will find ways they can take positive action to address environmental challenges and live more sustainably in harmony with Papatūānuku.

Programme Overview:

Whenua Iti Outdoors programmes centre around a relationship-based kaupapa to encourage participation. An emphasis is given to creating a connection to the natural world and therefore the desire to preserve it.

Over the four day programme students will have the opportunity to connect to different natural environments whilst taking part in experiential outdoor learning activities. Across the programme students will take part in adventurous, fun and challenging activities.

This is a residential programme with students camping overnight and cooking their own food. Depending on the time of year students will harvest kai and explore how they can increase sustainable cooking practices within their home environments. Students will have the opportunity to contribute to an environmental service activity and interact with community groups who are doing some amazing work to preserve and restore our local natural environments.

Learning Objectives:

During this course, students will have the opportunity to:

- Establish a sense of agency for becoming kaitiaki (guardians) of the environment
- Identify positive environmental actions that are relevant to everyday life
- Develop a greater connection to self, to local environments and to community
- Enhance hauora (holistic wellbeing), improving focus, confidence and self-motivation
- Build positive relationships and social connections with peers
- Rediscover fun and joy in nature through Play*
- Explore ways to connect to nature from a Te Ao Māori perspective
- Learn contextualised welcoming and nature connection Te Reo Māori
- Explore how the food we eat connects to the environment and investigate ways to cook sustainably



**Manaaki whenua, manaaki tangata,
haere whakamua**

Care for the land, care for the people, go forward

Book Now: www.wio.org.nz

LEADERSHIP EXPLORATION

Year Level: Year 8 Students
 Delivery Location: 4 days
 Timings: Day, multi-day or overnight programmes available
 Equipment: All safety and technical equipment provided

Key Components: **Environment** **Adventure**



Programme Overview

This course is for Year 8 students with a focus on developing students' independence and environmental leadership skills. Growing young leaders at Whenua Iti Outdoors centres around a relationship-based kaupapa to encourage participation and connection to the world around us. Our educators will mentor participants using an environmental focus, assisting them in their development of essential personal and social skills and competencies that transfer to everyday self-management, and sets the foundations of what are the essential skills they will need in the future.

Programme Structure

Students will complete a range of personal and group challenge activities. This will include a number of WIO on-site high element activities, for example; low or high ropes course, trapeze, flying kiore, or tower climbing.

On one of the four days students will contribute to a community environmental service project which is likely to be off-site. If you want students to be involved in an existing school service project please ask.

Learning Objectives

During this course students will have the opportunity to:

- Build on leadership skills through enhanced personal and social skills
- Be positive about who they are and what they can offer
- Make independent choices
- Identify ways to contribute to school and community initiatives
- Be empowered to take on leadership roles

“It was a great course to build leadership skills and become more independent. I was brave and proud of myself

- Year 8 Student

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NZ Curriculum Links:

Health and Physical Education (Level 3-4):

Personal Health & Physical Development: A1, A3, A4

Relationships with Other People: B1, B2, B3, B4

Movement Concepts & Motor Skills: C1, C2, C3

Key Competencies:

Thinking | Using language, symbols and texts | Managing self | Relating to others | Participating and Contributing

CO-DESIGNED PROGRAMME

Year Level: Year 1-8 students
 Delivery Location: Whenua Iti Outdoors (WIO)/ Local National Parks
 Timings: Day, multi-day or overnight programmes available
 Equipment: All safety and technical equipment provided

Key Components:

Environment

Adventure

Cultural

● Get your students out the classroom for an organised, adventurous and engaging programme!

As a well-established provider of Experiential Learning EOTC programmes, we offer quality learning in a challenging, yet safe, education setting. Tamariki get to work together as a team, develop their confidence and learn new skills through a wide range of adventurous, cultural and environmental activities. We will work with you to enhance learning opportunities on a school camp or to extend students' learning on a particular unit of work. Whenua Iti Outdoors partners with the Ministry of Education to provide programmes to Enrich Local Curriculum that align with the New Zealand Curriculum framework.

Our experienced educators will tailor a programme to year level, specified learning objectives, school time frames and include subsidies where available to reduce the cost to schools / parents

Gear and Access

We can provide all the specialist outdoor equipment and if needed offer personal gear for those that don't have access. Whatever your group needs are, all options will be tailored to age and ability level. Read more about our Outcomes & Activities.

Safety First

All the safety and regulatory requirements have been sorted. We are certified as a registered provider of outdoor activities. Read more about how we put Safety First.

Qualified Instructors

All programmes are delivered by our friendly and professional educators, who are highly trained and experienced facilitators with a passion for designing and delivering worldclass experiential learning programmes.

Facilities & Support

We can take care of group logistics, provide organisational support and even organise food! Or, you can choose to self-cater if you prefer. Find out more about our Our Facilities.



“Courses are highly relevant and well planned, with activities designed with students' safety in mind. The professional staff and ongoing nature of reflective practices help ensure the courses meet stakeholder needs.
 - NZQA Evaluation Report (2019)

Book Now: www.wio.org.nz



HOLIDAY PROGRAMMES

GO WILD

Year Level: 7-10 Year Olds
Delivery Location: Motueka & surrounding wilderness areas
Timings: 5 days (9am - 3pm)
Delivery: A week of day-programmes
Overview: The Go Wild programme is designed for our younger adventurers and involves 5 days of action, nature immersion and outdoor exploration.



KAITIAKI KIDS

Year Level: 10-12 Year Olds
Delivery Location: Whenua Iti Outdoors (WIO) & Surrounding Wilderness areas
Timings: 5 days (9am - 3pm)
Delivery: A week of day-programmes
Overview: This programme is designed as a stepping stone towards our fully residential (overnight) journey programmes.



JUNIOR JOURNEY

Year Level: 11-13 Year Olds
Delivery Location: Whenua Iti Outdoors (WIO) & Surrounding Wilderness areas
Timings: 4 days / 3 nights
Delivery: Multi-day adventure
Overview: A Journey of discovery, to explore the outdoors and discover potential.



Book Now: www.wio.org.nz





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